

# Online Classes Timetable



Pilates

Yoga

Morning

Evening

Day	Morning	Evening
Mon		17.30-18.30 Miki
Tues		18.00-19.00 Lenka
Weds	10.30-11.30 Kay	18.00-19.00 Kay
Thurs		18.00-19.00 Rebecca
Fri	11.30-12.30 Jane	

For further information please call 01273 461 155

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